Health

The mission of Health Curriculum is to give students the resources they need to be healthy individuals. Research shows that healthy, fit kids learn best, and that exercise has a positive impact on brain chemistry and function. Granite School District adheres to the state and federal laws for wellness. All students in Granite School District will learn about the importance of nutrition, wellness, avoidance of substances that are harmful to developing bodies, and disease prevention and the impact of their choices on their health and well-being. They will be taught the skills they need to make good, healthy choices that will impact their lives in a positive manner.

- GSD Health Curriculum Map
- Utah State Board of Education

The USBE provides information on the health core standards as well as the human sexuality education policies and guidelines.

Human Sexuality Committee

The Human Sexuality Committee is required by state law and functions on a rotational basis. The Committee reviews materials which teachers would like to use in their classes that are not on the district approved list. The Committee is made up of district administration, school administrators, school nurses, psychologists, district health specialists, PTA representatives, K-12 teachers, and parents.
The Granite School District's Human Sexuality Committee meets to discuss programs that deal with Human Sexuality and then votes to approve or disapprove of having those programs available for teachers to use in their classrooms.

If you are interested in being a member of this committee, please contact Ron Burnside 385-646-8873

Information to Help Protect your Children

Talking to your children about staying safe on the Internet is important. Being aware of your children's Internet use and activities can better ensure your family's safety while using the World Wide Web.

Please review this brochure with information on how to protect your children from Internet Crimes. Internet Crimes Against Children Brochure

GSD Maturation Program Guidelines

Instructional materials used in courses or programs dealing with human sexuality (e.g. elementary maturation, Health, Biology, Family and Consumer Science) not included in the Utah State Office of Education Recommended Instructional Materials Searchable database (RIMS) must be submitted to the Granite District Human Sexuality Committee for review and approval. Materials may be submitted for consideration throughout the year through Ron Burnside, Curriculum and Instruction Department, 385-646-8873. The committee convenes annually in the spring to consider materials and solicit board of education approval on its recommendations for the following
academic year. Please direct any inquiries on currently approved materials or the materials review process to Ron Burnside.

Maturation Program Guidelines

Maturation Consent-English

Maturation Consent-Translated Languages

Proposed Elementary Maturation Programs

These programs are under review for approval to be used in Granite District elementary maturation programs. Please view the files and refer any comments or concerns to Ron Burnside.

DRAFT Growing Up from Boy to Man

DRAFT Growing Up from Girl to Woman

Elementary Schools Approved Maturation Programs

Planned Parenthood Maturation Presentation
801 532-1586 – Main number
Contact Annabelle Sheinberg to schedule programs 801 521-2731
Growing Up Comes First
All materials approved except pamphlets titled “Am I Normal?”
No Fee
Birds and the Bees Association
Contact Jim Kelly to schedule program at 801-484-1426
Maturation program
All materials approved
$150.00 Fee

Birds and Bees Program Overview

Birds and Bees Boys Maturation Program

Birds and Bees Girl's Maturation Program

Jordan School District Maturation Presentation

- For boys programs contact A.J. Walkowski, R.N.  801-949-0209
  - Boys Granite Maturation Program 2015-16
- For girls programs contact Jody Stubler, R.N.  801-671-2150
  - Girl's Maturation Program-Granite 2015-16
    $100.00 Fee
    To print out pamphlets contact Granite School District Printing Services at 385-646-4556 (.31 each cost paid for by the school).

They also offer a maturation presentation for special ed groups.